



MEDI-CAL MANAGED CARE PLANS

Anthem Blue Cross Breastfeeding and Nutrition Support.....(800) 407-4627
Anthem Blue Cross Members only

Kern Family Health Care
 For information and referral.....(800) 391-2000
For Kern Family Health Care members only

WOMEN, INFANTS AND CHILDREN PROGRAMS (WIC)

Clinica Sierra Vista- Breastfeeding Support Groups(661) 862-5422

Lamont Community Health Center (English and Spanish)
 8787 Hall Road, Lamont, CA 93241

Southwest WIC Center- (*Clinica Sierra Vista WIC enrollees only*)
 4621 American Ave Unit A & B, Bakersfield CA 93309
 For more information call(661) 862-5422

Sagebrush WIC Office
 1111 Columbus Street, Suite 100, Bakersfield, CA 93305
 For more information call.....(661) 326-5500

Community Action Partnership
 Diaper Program
 Postpartum Support Groups- (English and Spanish once a month)
 500 East California Avenue, Bakersfield, CA 93307
For Community Action Partnership WIC enrollees only
 For more information call.....(661) 824-4118

La Leche League
 Bakersfield.....Leader Tina...(661) 501-1232
 Warmline support and person-to-person peer support. Local group meetings will resume this Fall

Breastfeeding WarmLine “Another Parent to Talk to”
 Toll Free.....(612) 293-6622
 Non-emergency breastfeeding support

Baby Café Bakersfield
 Meets Tues 11:30am to 1:30pm at Beale Library
 PH and Text(661) 228-0230
 Babycafebakersfield.org
 Facebook: Baby Cafe Bakersfield

Kaiser Permanente- Members Only
 PH.....(877) 524-2273
 Updated 7/2025 ks





HOSPITALS

Kern Medical(661) 326-2000

Bakersfield Memorial Hospital

Free 4-week series of birth and breastfeeding classes, Mondays 6-8pm

Register.....(661) 426-1688

www.dignityhealth.org

Bakersfield Memorial Hospital Maternity Tours

By Appointment Only.....(661) 426-1688

Mercy Southwest Hospital

Mom to Mom Group(661) 663-6056

www.dignityhealth.org

Ridgecrest Regional Hospital

Lorie Ochoa RN.....(760) 499-3032

Justina Engen, BA, IBCLC

Tehachapi Area.....(661) 238-3066

growinglovingfamilies@gmail.com

Justine Backhaus LM, CPM, IBCLC

.....(661) 821-0659

mamaforhumankind@aol.com

Moms house 2nd Monday of every month 6:00PM

The Nest & Company

1031 17th St, Bakersfield, CA 93301 - Jenica Willis

PH..... (661) 234-9894

Email: Jenicawillis@thenestandco.com Website: thenestandco.com

Updated 7/2025 ks

Grounded in Health