



Kern County Swine Flu Report For the Week of June 29, 2009

Contact Person:

Claudia Jonah, M.D.
Health Officer
(661) 868-0306

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FOR IMMEDIATE RELEASE

Bakersfield –**Starting** July 2, 2009, the Kern County Department of Public Health will provide weekly updates every Thursday regarding the number of confirmed H1N1 Influenza cases in Kern County and will be made available via our website and by Media Alert bulletins. As of today, there are a total of 16 laboratory confirmed cases of H1N1 Influenza involving residents of Kern County.

The novel influenza A H1N1 virus is now the predominant circulating influenza virus throughout California. The severity of illness caused by the H1N1 virus today has not been any worse than seasonal influenza. However, it is important for the community to understand that there are more cases of H1N1 influenza occurring in Kern County that are not being confirmed through laboratory testing. The ways to best protect your family and your self is to follow the three “C”s of disease prevention:

- Cover your cough
- Clean your hands
- Confine sick people at home

For more information, please call our Swine Flu Hotline at 1-877-81VIRUS.

